



# Bassetlaw Accountable Care Partnership: Bulletin

ISSUE 2

OCTOBER 2018

## SPECIAL POINTS OF INTEREST

- Supporting Bassetlaw to Stay Well
- Nottinghamshire Healthcare Transformation
- Focus on Aurora Wellbeing Centre
- Children and Young people themed ACP events

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## Supporting Bassetlaw to Stay Well

Supporting Bassetlaw citizens with improving their emotional resilience and their confidence, skills, knowledge and capacity to manage their health and wellbeing—also known as ‘patient activation’ - is a local priority.

Patient activation describes the knowledge, skills and confidence to manage

their health. Evidence shows that when people become more activated they benefit from improved health outcomes, better wellbeing and experience of health services, and have fewer unplanned care admissions.

The Accountable Care Partnership has identified that local citizens can be better supported to manage their health, and

partners are working together to explore how this is best achieved for Bassetlaw.

The ACP’s health citizenship work stream will be identifying key projects to support local people in managing their health. As part of this, the CCG will be rolling out a programme to support person-centred care and patient activation across

## Nottinghamshire Healthcare NHS Foundation Trust Transformation

Nottinghamshire Healthcare NHS Foundation Trust have undertaken the redesign of Bassetlaw Services in partnership with local stakeholders.

The new service models will be more cost effective whilst continuing to maintain high standards of quality and care for local people.

Focused around the

Primary Care Homes, the review services include: The services that have been reviewed include:

- Pulmonary Rehabilitation
- Neurological Conditions and Stroke Rehabilitation
- Intermediate Care
- Rapid Response
- Adult Mental Health age 18 to 65 .

These new ways of working will be implemented over three months between October 2018 and December 2018.

For more information contact [heather.towndrow@nottshc.nhs.uk](mailto:heather.towndrow@nottshc.nhs.uk)



## 'Moving Forward' Event for Primary Care Homes

In April 2018, Bassetlaw's Primary Care Homes participated in a 'Springboard Event'. This enabled all partners to come together for the first time as a community of health and care services to explore and develop ways of working collaboratively through the primary care home model.

October 10th 2018, at the Well, Retford, hosts the

'Moving Forward' event, which will allow the partners to explore the changes since the last event, revisit progress following the organisational development offer put in place following the Springboard Event. Each primary care home will be able to identify their progress and

challenges, and will be able to participate in two workshops focusing on commercial and business development and patient activation. For more information, contact [karen.allerton@nhs.net](mailto:karen.allerton@nhs.net).



### Primary Care Homes

*'Everyone has improved access to GP services including sufficient routine appointments at evenings and weekends to meet locally determined demand'*

**Update:** NHS planning guidance now requires CCGs to provide extended access to GP services, including at evenings and weekends, for 100% of their population by 1st October 2018. This must include ensuring access is available during peak times of demand including bank holidays and across the Easter, Christmas and New Year periods.

**Retford and Villages**  
Extended access GP hours for Retford and Villages will be as follows. Monday will be covered by Kingfisher, Tuesday by Tuxford and Wednesday to Sunday by Riverside.

The Primary Care Home are also developing their communications, including online presence, and are linking with Job Centre Plus to strengthen links between health and employment

#### **Newgate**

The Primary care home is working with Talkzone to explore innovation funding for training on LGBT+ issues.

Newgate have pioneered an appointment system with Doncaster and Bassetlaw Hospitals for their 'system perfect' week, which has now been followed by

Doncaster practices. This will allow patients with primary care needs presenting at A and E to be streamed to the practice, and will provide useful data about demand.

The first wave of funding for Newgate's new health and wellbeing hub building have been approved.

#### **Larwood and Bawtry**

A new 'community hub' space is available within the surgery which provides a safe space for use by varied services. Community Advisors will work from the Hub, social care will provide a Wednesday afternoon drop in, and Bassetlaw Action Centre will deliver the 'Staying Well' programme from the site.

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# Aurora Wellbeing Centre



Based in central Worksop and with a reach across all of Bassetlaw, the Aurora Wellbeing Centre provides support for

people living with **long term conditions** and **cancer** and their families, including via social prescribing. An extensive range of services are provided including:

- Fitness and wellbeing centre, with gym equipment for frail, infirm and disabled people;
- Specialist support from Macmillan, and for dementia, and bereavement, and a 'Staying Well' expert

- patients' programme;
- A range of activities, crafts, mindfulness and yoga, beauty treatments and therapies and social groups;
- A café, serving cakes, meals and drinks;
- A charity shop;
- Drop ins on a range of issues and from organisations such as Healthwatch and Citizens' Advice Bureau.

For more information, visit <http://www.aurorawellbeing.org.uk/worksop/> or call 01909 470985

## Children and Young People's Events

As part of the ACP's commitment to bringing partners together on a range of themed summits, a children and young people's health and wellbeing event is taking place on **24th October**. In the morning, students and their support staff from Retford area schools are invited to take part in an event to raise awareness of the spectrum of health and wellbeing services for children in Bassetlaw. Participants will be consulted on the range of services available to inform future developments. This will be followed by Paediatric themed BEST event for GP practices, where the

inventory of health and care services for children will be shared, with a marketplace of services present. If successful, the schools' session will be repeated in Worksop to enable local schools to benefit.

As part of the ACP's Workforce work stream, on **28th November**, a careers fair for 11-18s attending Retford Oaks Academy will be held, introducing the range of health and care careers available in Bassetlaw, and to encourage more children into a future career in health and care.

Contact the ACP programme office for more information.



### Health for Teens:

#### Nottinghamshire Website

Health for teens is a website that supports teens aged 11 plus with their health and wellbeing. It provides bitesize information about key issues, and links to other sources of support.

Visit: <https://www.healthforteens.co.uk/nottinghamshire/?setlocation=true>

**Bassetlaw Accountable Care  
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**#betterinbassetlaw**

**email: joel.johnston@nhs.net  
call: 01777 863294**

We are now live online and on social media:

**g** [website](#) | [facebook](#) | [twitter](#)

**Useful Reading**

Bassetlaw ACP is linked to both the Nottinghamshire and South Yorkshire and Bassetlaw Integrated Care Systems. The King's Fund's new report explores the evolution of ICS, and makes recommendations about next steps:  
<https://bit.ly/2DeoNgy>

## ACP Board Update

The October ACP Board discussed and endorsed the Bassetlaw **Winter Plan**, which has been developed across ACP partners, and is supported by bi-weekly multi-agency meetings.

Updates were received on the ACP's **work streams**, including transport developments, and those relating to the workforce, and digital and IT.

Partners received a verbal presentation on Nottinghamshire County Council's **Public Health Commissioning Intentions 2020**, which includes commissioning of a new Integrated Wellbeing Service, and substance misuse services. All partners contributed to development of the new services, for which the procurement is expected to commence in October.

A **collaborative partnership model** of engagement, developed by Nottinghamshire Healthcare NHS Trust, working with the King's Fund, was presented and endorsed, and will be used in all work streams and by the Primary Care Homes.

A full Board summary is available via the ACP website.

## Other Bassetlaw News

Nottinghamshire County Council have appointed a new team manager for the **Integrated Discharge Team** at Bassetlaw Hospital. Working together with hospital staff, the team are ensuring a social care presence on the wards, and supporting people to be safely discharged in a timely way to reduce delayed transfers of care.

Following the partnership event on 17th July, **new ACP work streams** are being established to identify actions and projects to support more integration of services and approaches, the development of health citizenship (see page 1) and transport. The work streams are being led by partners from across the ACP, from the voluntary and public sectors. The new work streams will complement existing groups such as those for workforce, IT and digital and public sector estates.

From 2nd to 9th October, Doncaster and Bassetlaw Hospitals will go '**System Perfect**'.

This means that all those involved in public sector care in Doncaster and Bassetlaw will work to ensure that patient flow is as efficient and safe as possible to try and ensure that everything that should happen will happen during the seven days of the scheme.

Learning from a Rotherham practice has identified that referrals to the '**Working Win**' scheme to support people with physical or mental health conditions into, or to remain in work, increased significantly when practices used their text system to promote the scheme. For more information contact [s.farrow@syha.co.uk](mailto:s.farrow@syha.co.uk).

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