

# Bassetlaw Accountable Care Partnership: Health and Wellbeing Services for Children and Young People Summit Report, October 2018



# 1. Purpose of the Event

The Health and Wellbeing Services for Children and Young People's Summit event was designed to:

- Respond to feedback from ACP partners about a lack of insight into the services available to support the health and wellbeing of children and young people in Bassetlaw;
- Communicate a new 'inventory' of health and wellbeing services for children and young people, developed by Bassetlaw partners, between services, to primary care, and to children and young people and schools in the Retford area;
- Pilot the marketplace approach to engagement of children and young people and partners in the development of health and wellbeing services in the area.

# 2. Context

There are approximately 23,200 under 18s in Bassetlaw which equates to approximately 18.7% of the population. The rate of live births much higher in Bassetlaw than elsewhere in the county so it is expected that the number of children and young people will rise.

3700 children in Bassetlaw (16%) live in out of work families. Obesity is a significant issue, with prevalence of obesity increases from 9.9% in reception to 18% in year 6. There is huge variance in life expectancy between wards , with a male child born in Worksop South East.

Children and young people in Bassetlaw benefit from Nottinghamshire County council's services, and schools, all of which are rated 'good' or better by Ofsted.

There have been significant changes in the context of children and young people's services locally and nationally. Many schools have become academies, and as such the role of the local authority has changed, with academies operating more autonomously than in previous times. School nursing and health visiting have become public health functions, delivered as part of new 'Healthy Families Teams'. Future in Mind – the Government's mental health strategy for children and young people - has provided new support for emotional wellbeing, through services such as KOOH and CAMHS. The voluntary sector locally has responded to changes in statutory provision. There has also been a central government shift on children's centres, including the cessation of the inspection regime.

This context of changing children's services is the backdrop to the development of a clear offer of health and wellbeing services for young people in Bassetlaw, and for wider engagement on the future of such provision.

### 3. Design of the Summit

The Health and Wellbeing Services for Children and Young People's Summit event was designed collaboratively by service providers from across the voluntary, statutory and private sectors. The summit involved:

- In the morning - Inviting students and school staff from Retford area schools to meet the services available to support children's health and wellbeing in the area, and give their views on the provision. School staff were given copies of the inventory;
- In the afternoon – providing primary care staff from across Bassetlaw with the opportunity to meet the services available to support children's health and wellbeing in the area, receive the completed inventory of services, receive updates on the work of the ACP's children and young people's network and give their views on the provision as part of a paediatric themed BEST event.



## 4. Participation

The following services took part in the event:

- Bassetlaw Healthy Families Teams, Nottinghamshire healthcare NHS Foundation Trust;
- Children's Centre Services, RNN group;
- Children's Centres speech and language therapy, Nottinghamshire healthcare NHS Foundation Trust;
- Kooth (online counselling service);
- Talkzone at Centreplace – offering teenage counselling and specialist LGBT+ support;
- Youth Council, Bassetlaw District Council;
- Children's Occupational Therapy, Doncaster and Bassetlaw Hospitals NHS Foundation Trust;
- CAMHS, Nottinghamshire healthcare NHS Foundation Trust;
- Specialist children's nursing and therapy services for children with additional needs, Nottinghamshire healthcare NHS Foundation Trust;
- Public health, Nottinghamshire County Council
- Tackling emerging threats to children team, Nottinghamshire County Council
- Focus on Young People in Bassetlaw;
- Trihealth sexual health services;
- Change Grow Live (substance misuse service)
- BPL;
- BCVS.

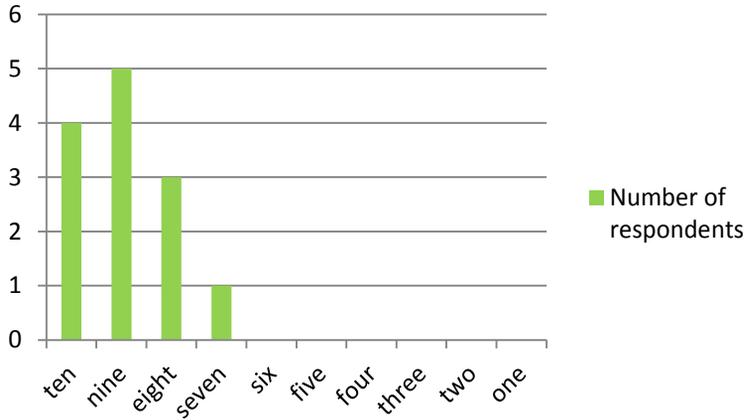
All three secondary schools in the Retford area attended the event, with teachers attending from the Elizabethan Academy and Tuxford Academy, and teachers and 30 students attended from Retford Oaks Academy.

More than 65 participants from the 9 Bassetlaw practices and their partners attended.



# 5. Feedback

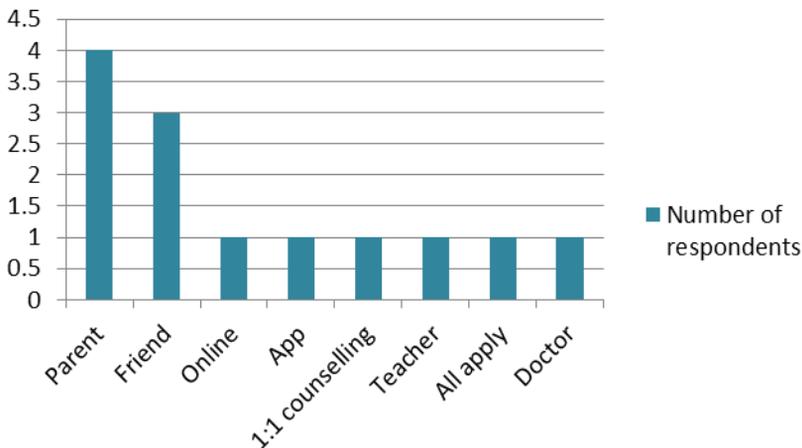
13 young people were consulted at the event by 'Focus on Young People in Bassetlaw'. When asked to rate the usefulness of the event, with 10 being 'really good', and 1 being 'poor', the responses were as follows:



Young people were asked what support was particularly needed or lacking in Bassetlaw. The included responses were:

- Self harming;
- LGBT+;
- Smoking and drugs;
- Information about how to access services;
- Youth groups were people can meet friends and access information;
- Information about how to access help when needed;
- More independent services for 1:1 support
- A hub where young people can get information on a wide range of issues affecting them;
- Support with transitions, including into 6<sup>th</sup> form;
- Dedicated team of people in school that can support with transitions.

Young people were asked how they would like to access information about health and wellbeing services. The responses were as follows:



**Feedback from school staff** , provided verbally, was positive. Comments included:

- 'Brilliant'
- 'Lots of insight'
- 'Didn't know about talkzone and LGBT+ - really helpful'
- 'CAMHS are now coming to do workshops for staff'
- 'It is putting things in a way that staff that refer can have to hand'
- 'We aren't using all that we could be'
- 'We need a hub of this type of information in school so staff and students can access it'.

**Practice staff** were provided with short evaluation forms. Only 4 were completed, with the following responses:

**Which services were you pleased to see?**

- Notts healthcare
- OT services
- Under 5 family support
- CGL for kids
- All of them (n=2)

**Was there anything you felt was missing?**

- Nothing – I feel like I know a lot
- Representation from local volunteers working with youth groups – guides, st John's ambulance, scouts, air cadets etc
- Young people with cancer/ end of life
- Medication for children in school (school nurses)

**How would you like to access information about health and wellbeing services for children and young people?**

- Add to CCG website
- Depends on what info, advice and help is needed – some online, leaflets, others face to face
- The handout including details of the services and referral pathways is a useful resource

Organisers of the regular BEST events responded that the consensus was that it was 'the best BEST ever', and similar formats for thematic events are planned.

# 6. Reflections from the Children and Young People's Health and Wellbeing Network

## What went well

- Using engagement experts in the design of the event meant that the tools used were engaging and interactive for the young people;
- The performance by young people from a local school brought the event into focus for practice staff;
- The inventory, combined with being able to meet the services directly was a useful combination;
- The event provided the opportunity for services to meet each other, and network, identified by partners as valuable – the marketplace approach worked well for this;
- Good feedback, and GPs valued having a 'person' to meet and learn about the service offer;
- Services were able to identify opportunities for providing training to primary care;
- Some young people shared positive experiences with others about using services.

## What we would do differently

- More children involved – this should improve now that good contacts have been made with the right people from the academies;
- The event was resource intensive, so making better use of existing for a reduces the time burden on services;
- Provide instructions for a route so that young people visit all stands;
- To attract more young people who will most benefit, allocate more time and resource to planning and target.

## What we will do next

- Share both printed and online inventories with all schools, practices and settings for children and young people;
- Update this annually;
- Include services such as cancer support and end of life specifically;
- Further engagement, using existing events where children and families are present
- Consider how 'hubs of information' can be enabled;
- Target trusted adults;
- Invite schools and alternative provision providers to the network.