



Bassetlaw Integrated Care Partnership: Bulletin

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'Call for Care' Urgent Home Visiting Service Launches

SPECIAL POINTS OF INTEREST

- 'Call for Care' launches;
- Childhood obesity;
- 'Bassetlaw Together'
- Loneliness project

Call for Care is the urgent care navigation service commissioned to deliver a two-hour response for people in Bassetlaw to prevent an avoidable hospital admission or support timely discharge from the Emergency Department.

Health and social care professionals can refer by making a brief telephone call which will be answered

by an experienced urgent care clinician. Following referral urgent response staff based in the locality will undertake a thorough assessment of the patient's need, usually through a face to face home visit, and will make the necessary arrangements to enable them to remain safely at home.

The service is for patients aged 18 years and over whose health needs have deteriorated but do not require an acute hospital

admission. They must be registered with a Bassetlaw GP or be a resident in the Bassetlaw local authority district.

For further information contact Donna.Smith2@nottshc.nhs.uk.

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Bassetlaw Call to Action: Childhood Obesity

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Overweight children are more likely to become obese adults, and develop long term conditions such as diabetes, cardiovascular disease and cancer. It can exacerbate conditions such as asthma and result in bullying and low self esteem. Obesity can reduce life by up to 10 years.

Prevalence of childhood obesity in Bassetlaw is

above the national average, with almost 23% of children in year 6 classed as obese, and as such, the Integrated Care Partnership Board has agreed to take action to address this issue.

There is a growing recognition that a whole systems approach, addressing parenting, food and physical environment, physical activity, schools and individual psychology, is needed to tackle the complex determinants of overweight.

The **Call to Action** will take place in the Autumn and will bring together all interested stakeholders to develop a Bassetlaw response. To register your interest, please email joel.johnston@nhs.net.



Primary Care Networks and Social Prescribing Link Workers

Hundreds of Bassetlaw people already benefit from social prescribing, which is managed by BCVS and provides access to services and activities provided by voluntary organisations and community groups across the District. More information is available at: <https://www.bcvs.org.uk/bcvs-services/services/social-prescribing>

Social prescribing 'link workers' are part of the [NHS Long Term Plan](#). Each of Bassetlaw's Primary Care Networks—Retford and Villages, Larwood and Bawtry,

and Newgate—will have link workers to give people time to talk about what matters to them and support them to find suitable activities that are a better alternative to medication as part of the provision of 'personalised care'.

By 2023-24, the NHS expects that social prescribers nationally will be handling around 900,000 patient appointments a year.



Primary Care Networks

'Staying Well' for patients with long term conditions

'Link workers give people time to talk about what matters to them and support them to find suitable activities that are a better alternative to medication.'

The Staying Well Programme helps people living with long term conditions maintain their health and improve their quality of life through a self management course led by someone else with a long term health condition. It is a generic, time-limited course, suitable for people who have any long-term health condition. For example: Arthritis, Heart Disease, Stroke,

Depression, MS, Epilepsy, ME, Schizophrenia, Fibromyalgia, Diabetes or HIV .

The course consists of one 2½ hour session once a week for six. Weeks, and includes techniques for goal setting/ action planning, problem solving, relaxation/exercise, symptom/ fatigue management and dealing with emotions.

Research shows that people who have attended the course have greater confidence in dealing with

with their illness, experience less pain, fatigue, depression and anxiety. They are more likely to continue with exercise and relaxation techniques; make fewer visits to their GP and have better communication with health professionals.

For more information, contact Bassetlaw Action Centre on 01777 709650 .

New dates for Staying Well courses in Retford and Worksop

Bassetlaw Action Centre, Canal Street, Retford, DN10 4BJ

Monday 9th September 2019 – 14th October 2019 (9:30am start)
Monday 6th January 2020 – 10th February 2020 (9:30am start)
Monday 24th February 2020 – 30th March 2020 (9:30am start)

Larwood Health Centre, 56 Larwood Avenue, Worksop, S81 0HH

Wednesday 11th September 2019 – 16th October 2019 (9:30am start)
Wednesday 6th November 2019 – 11th December 2019 (9:30am start)
Wednesday 8th January 2020 – 11th February 2020 (9:30am start)

#Better in Bassetlaw

Bassetlaw Together: Ensuring people get the right support at the right time

Bassetlaw Together is a partnership of service leaders from the NHS, Councils and the voluntary sector which is working together to ensure the right services are in place to achieve the greatest possible improvement in health and wellbeing for local people. It provides the operational engine room for delivering transformation of health and care services and pathways. It also provides a single forum to oversee the various change projects so that change is well managed and all appropriate partners are involved.

The partnership are focused on the following priorities:

- Mental health and emotional wellbeing;
- Frailty, and ‘home first’ principles, so that people remain independent for as long as possible
- Urgent and emergency care;
- Dementia;
- Community-based wellbeing support;
- Cancer.

The group are developing a ‘Bassetlaw Together Strategy’, which will detail the actions taken to deliver on the priority within the Better in Bassetlaw Place Plan 2019-2021 to ensure local people get the right care at the right time.

For more information, contact heather.towndrow@nottshc.nhs.uk. To view the Place Plan, visit www.betterinbassetlaw.co.uk



North Notts Food Festival

Workshop was alive with food and people on 25th July as hundreds of people came out to experience the diversity of North Nottinghamshire’s food environment, with businesses and projects and projects from across Bassetlaw invited to take part by the North Notts BID (Business Innovation District).

Bassetlaw Tackling Loneliness Project

There is a growing body of research which indicates that loneliness is associated with increased mortality and morbidity. Led by Nottinghamshire Healthcare NHS Trust’s Involvement Team and emerging from the ICP’s communications and engagement work stream, Bassetlaw partners and volunteers are working together to:

- Understand loneliness, and develop a strategy for Bassetlaw;
- Identify and measure loneliness;
- Understand how it can be positively tackled.

So far, the group have identified current support available and how this has benefited people, engaged primary care; trialled a screening tool through the Citizens’ Advice Bureau, identified sources of social connections, undertaken an epidemiological review of loneliness and health, reviewed the academic evidence base and identified how loneliness could best be identified using questions.

For more information, contact paul.sanguinazzi@nottshc.nhs.uk

Bassetlaw partners and volunteers work on tackling loneliness



Other Bassetlaw News

Bassetlaw Clinical Commissioning Group have been awarded an '**outstanding**' rating for the fourth year in a row—one of only three CCGs in the country to have achieved this!

The first meeting of the Bassetlaw **Employment and Skills Board** has taken place, with local businesses and employers working together for the first time to influence and steer employment and skills opportunities for Bassetlaw people and organisations.

South Yorkshire and Bassetlaw Integrated Care System won the Healthcare Personnel Management Association **award for collaboration**, thanks to their work on bank working arrangements.

Congratulations also to Bassetlaw District Council, as two of Bassetlaw's outstanding parks— Kings' Park in Retford and The Canch in Worksop - have again been recognised by the Green Flag Award Scheme as two of the very best in the world.

Retford Rotary Club have provided £200 per **young carer** in Bassetlaw—young people have been using this for a range of investments, such as to decorate their bedroom, or undertake experiences in the holidays. Retford Lions have also provided free defibrillator training for young carers.



Bassetlaw Integrated Care Partnership: Programme Office



01777 863294



www.betterinbassetlaw.co.uk



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[Bassetlaw Integrated Care Partnership](https://www.facebook.com/BassetlawIntegratedCarePartnership)

Joint Public and Third Sector Partnership and ICP Board Meeting Update

The Boards met jointly for the time, and received reports on the recent Ambitions event, 'Miles in May' and the draft Bassetlaw District Council Plan 2019-2023.

Draft Workforce and Digital and IT strategies were approved by the ICP Board. These are now available at www.betterinbassetlaw.co.uk.

A presentation was received on housing developments and opportunities for public service integration by members of the ICP's estates work stream. The board explored the implications of housing developments and population growth and identified opportunities for better and different joint working to meet the needs of existing and new communities, and agreed to establish a group to respond to this commitment.

Draft Bassetlaw Council Plan 2019-2023

Bassetlaw District Council have issued a draft Council Plan for 2019-2023. The Plan describes recent investments in Bassetlaw, and sets out the priorities for the coming years, on the three key themes of:

- Investing in place;
- Investing in housing;
- Investing in communities.

For more information, or to respond to the plan please email policy@bassetlaw.com

Bassetlaw Transport Summit: 19th September 2019

A **Transport Summit**, which brings together communities including parish councils, and transport providers such as community car schemes and bus and rail providers is taking place on 19th September in Carlton-in-Lindrick to explore how transport could be better co-ordinated to improve access and reduce isolation.

For more information, contact
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