

# The News

## Bassetlaw Place Partnership



## FANTASTIC PARTNERSHIP WORKING

We were thrilled to welcome partners to our Children, Young People and Adult Mental Health marketplace recently. The Well in Retford was buzzing with stalls and it was wonderful to hear introductions and presentations about the vast array of support in place across Bassetlaw!

Thank you to MHST, Mind Nottinghamshire, Insight, Muddy Fork, Nottinghamshire Healthcare, Oasis Community Centre, Bassetlaw Action Centre, Harmless, Talkzone, LGBT+ Service Nottinghamshire and BPL for coming along. It was great to see you!

## Ukraine booklets now available

The Welcome to Bassetlaw booklet for guests arriving in the district from Ukraine is now available.

Produced by BCVS, the booklet has been translated into Ukrainian, English and Russian, and provides a comprehensive guide to adjusting to life in Bassetlaw.

Benefits and finance, healthcare, accessing schools and education are just some of the key areas of everyday life detailed in the booklet.

These booklets are available in downloadable format and can be shared with anyone arriving in Bassetlaw from the Ukraine or anyone in the district who is providing accommodation.

Access them here:

<http://www.betterinbassetlaw.co.uk/welcome-to-bassetlaw-booklet/>

## Sign up to Move More in May!

A reminder that Move More in May has launched in Bassetlaw! Please encourage people to sign up to this fun fitness initiative whether they run, dance, do seated exercise or skateboard. Details of how to register can be found at: <http://www.betterinbassetlaw.co.uk/move-more-in-may/>



✉ [basccg.communicationoffice@nhs.net](mailto:basccg.communicationoffice@nhs.net)

www [www.betterinbassetlaw.co.uk](http://www.betterinbassetlaw.co.uk)



# Covid vaccination campaign competition

Nottinghamshire County Council is asking young people aged 16-25 to design a piece of promotional material - such as a short video or a piece of graphic design - to help raise awareness of the Covid-19 vaccination for young people.

Entries to the competition will be judged in two categories - 16-18 year olds and 19-25 year olds.

The prizes on offer to winners include £50 shopping vouchers for sports and leisure retailers and gym passes.

The closing date for the competition is Tuesday 17 May 2022.

# Mental Health Awareness Week: 9th to 15th May 2022

This year's Mental Health Awareness Week will focus on loneliness.

The Mental Health Foundation has announced the week will look at the impact of loneliness on mental health and how we can all play a part in reducing loneliness in our communities.

Please share the good work that's being done in Bassetlaw to tackle the effects of loneliness and isolation.

## Gardening for Life

Oasis Community Centre's gardening programme runs every week of the year. Learn all kinds of gardening skills. For more information call Steve on 07795 194957 or email [Stevemark126@hotmail.com](mailto:Stevemark126@hotmail.com)



**Nottinghamshire Healthcare**  
NHS Foundation Trust

Healthy Family Teams

# ADVICE LINE

**CALL 0300 123 5436**

Monday to Friday,  
9am to 4.30pm

A 'single point of access' Advice Line for parents, carers and healthcare professionals who want to speak to the Healthy Family Teams for advice or support, covering the 0-19 years age range

[www.nottinghamshirehealthcare.nhs.uk/healthy-family-teams](http://www.nottinghamshirehealthcare.nhs.uk/healthy-family-teams)

**MEN WALK TALK**

**MENS WALK AND TALK GROUP**

**WHEN IN DOUBT; WALK IT OUT**

IN PARTNERSHIP WITH

Get Out Get Active  
Bassetlaw  
Bassetlaw ACTION Centre

AURORA Wellbeing Services

NHS Bassetlaw Clinical Commissioning Group

Men's WalkTalk at Idle Valley 10am Saturday every second Saturday of the month, meet in the car park.

Men's WalkTalk at Kings Park 10am every 4th Saturday of the month, meet at the main entrance near old police station.

Men's Walk Talk Langold Lakes 11am the last Saturday of every month, meet outside café. Walks will be approx 45 mins

To register please visit [www.menwalktalk.co.uk/bassetlaw](http://www.menwalktalk.co.uk/bassetlaw) call 01777 709650 or email [goga@actioncentre.org.uk](mailto:goga@actioncentre.org.uk) You can just turn up on the day if you wish!

